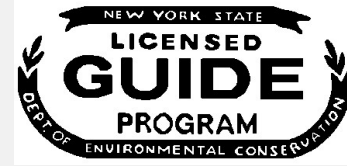


# Licensed Guide Equivalent Courses



The following lists indicate the different classes that can be utilized to obtain certifications in CPR, First Aid, and Water Safety. These certifications are **required** to become a Licensed Guide

## Suggested First Aid Courses

- American Health Association
- American Heart Association
- American Safety & Health Institute
- ARC Community First Aid & Safety
- ARC First Aid/CPR
- ARC First Aid Training for First Responders
- ARC Preventing Disease Transmission
- ARC Responding to Emergencies
- ARC Sports Safety Training
- Canadian Red Cross First Aid
- Combat Lifesavers Course Dept. of the Army
- COYNE First Aid
- Emergency Care & Basic Life Support Course Emergency Medical Training Association
- Emergency Care and Safety Institute
- Emergency First Response
- Emergency Medical Technician NYS Department of Health
- Emergency Skills, Inc. ALIVE! Course
- First Aid for Coaches State Education Department
- First Responder in Winter Survival & Basic First Aid & CPR (Canada)
- L'Ambulance Saint-Jean (Canada)
- Licensed Nurse
- Licensed Physician
- Licensed Physician Assistant
- Mariners First Aid
- Mariners First Aid and CPR
- Medic First Aid
- National Outdoor Leadership School
- National Safety Council
- Outdoor Emergency Care National Ski Patrol
- PADI - Medic First Aid
- Sirius Wilderness Medicine Outdoor Leaders; Valid for 2 years
- Swiftwater Rescue (WMA)
- US Coast Guard Emergency Response Educators
- Wilderness First Aid
- Wilderness First Responder
- Wilderness Medicine Supply (SOLO)
- Wilderness Medical Training Center: WFA, WAFA, WFR, WEMT
- Wilderness Medical Institute
- Wilderness Rescue International

## Suggested CPR Courses

- American Heart Association CPR
- American Safety & Health Institute
- ARC CPR: Basic Life Support for the Professional Rescuer
- ARC CPR or First Aid/CPR
- ARC Community First Aid and Safety
- ARC 1st Aid - Responding to Emergencies
- Canadian Red Cross First Aid w/CPR
- COYNE First Aid
- CPR for Coaches State Education Department
- Emergency Care and Safety Institute
- Emergency First Response
- Emergency Medical Technician NYS Dept. of Health
- First Responder Basic First Aid and CPR
- First Responder NYS Health Department
- L'Ambulance Saint-Jean (Canada) (CPR)
- Licensed Physician
- Licensed Physician Assistant
- Licensed Nurse
- Mariners CPR
- Medic First Aid
- National Outdoor Leadership School
- National Safety Council
- Sirius Wilderness Medicine Outdoor Leaders
- Wilderness First Responder (must have separate CPR card)
- Wilderness Med. Training Assoc. Emergency Care & Basic Life Support
- Wilderness Medical Training Center: WFA, WAFA, WFR, WEMT
- Wilderness Rescue International

## Suggested Water Safety Courses

If you are having difficulty locating a Water Safety Course, please contact the New York State Outdoor Guides Association (NYSOGA). They offer the course at various times and locations throughout the State: [nysoga.org](http://nysoga.org).

- American Canoe Association Instructor Card
- ARC Advanced Lifesaving
- ARC Basic Water Rescue & Small Craft Safety
- ARC Emergency Water Safety
- ARC Lifeguard Course
- ARC Lifeguard Instructor
- ARC Swimming Instructor
- ARC Water Safety Instructor
- ARC Water Safety Today
- Boy Scout Lifeguard
- Boy Scout Safe Swim Defense
- Boy Scout Water Safety Instructor
- Commercial Diving Institute Whitestone, NY
- Connecticut Boating Safety
- Maryland Boating Safety
- Michele Krak, Water Safety Instructor: 315-684-7659 Madison County, NY
- New Jersey Boating Safety
- NYS Office of Fire Prevention and Control Water Rescue Awareness
- NYS Outdoor Guides Association Alan Woodruff, Water Safety Instructor Woodgate, NY 315-392-4592
- New York Boating Safety
- PADI - Rescue Diver
- Pennsylvania Boating Safety
- Professional River Guides Assoc. of West Virginia
- Rescue 3 International
- Sirius Wilderness Medicine, Canada
- SOLO
- Sullivan County Emergency Services Training Center - Water Rescue Awareness
- Survival Swimming by Canadian Red Cross Society
- Swiftwater Rescue by NASAR, WMA
- The Royal Life Saving Society (Canada) Bronze Medallion
- U.S.C.G. License
- Wilderness First Responder National Outdoor Leadership School (ONLY)
- Wilderness Medical Assoc. Bridge (WAFSA-WFR) (ONLY)
- YMCA Aquatic Personal Safety and Survival Course
- YMCA Safety Class

## White Water Training Programs and/or Basic Water Safety

- Adirondack Rafting Company  
Lake Placid, NY  
518-523-1635
- Adirondack River Outfitters  
Old Forge, NY  
315-369-3536  
315-580-2718
- Adventure Calls  
Castile NY  
585-343-4710
- Adventure Sports Rafting  
Indian Lake, NY  
518-648-5812
- AE Adventures  
Turin, NY  
315-316-1125
- Hudson River Rafting Co.  
North Creek, NY  
518-321-5437
- Sacandaga Outdoor Center  
Hadley NY  
518-696-5710
- Square Eddy Expeditions  
North Creek, NY  
518-251-5200
- Three Rivers Whitewater  
The Forks, ME  
207-663-2104
- WILDWATERS  
Warrensburg, NY  
800-867-2335

For questions or concerns, please contact us:

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Special Licenses Unit · 5th Floor  
625 Broadway · Albany, New York 12233

Phone: (518) 402-8985 · Fax: (518) 402-8925

Email: [SpecialLicenses@dec.ny.gov](mailto:SpecialLicenses@dec.ny.gov)

Website: <https://www.dec.ny.gov/permits/359.html>