

FIRST AID COURSES

Emergency Medical Technician NYS Department of Health	Swiftwater Rescue (WMA)
Licensed Physician	L'Ambulance Saint-Jean (Canada)
Licensed Physician Assistant	Canadian Red Cross First Aid
Licensed Nurse	Emergency Skills, Inc. ALIVE! Course
Wilderness First Responder	Sirius Wilderness Medicine Outdoor Leaders Valid for 2 years
ARC First Aid Training for First Responders	US Coast Guard Emergency Response Educators
ARC Advanced First Aid	American Safety & Health Institute
ARC First Aid/CPR	ARC Sports Safety Training
ARC Responding to Emergencies	ARC Preventing Disease Transmission
Wilderness Medical Training Center WFA, WAFA, WFR, WEMT	Emergency Care & Basic Life Support Course Emergency Medical Training Association
Medic First Aid	Combat Lifesavers Course Dept. of the Army
Outdoor Emergency Care National Ski Patrol	Mariners First Aid and CPR
Wilderness First Aid	American Health Association
Wilderness Medicine Supply (SOLO)	Wilderness Medical Institute
National Safety Council	National Outdoor Leadership School
American Heart Association	Emergency Care and Safety Institute
First Aid for Coaches State Education Department	Wilderness Rescue International
ARC Community First Aid & Safety	Mariners First Aid
PADI - Medic First Aid	Emergency First Response
First Responder in Winter Survival & Basic First Aid & CPR (Canada)	

CPR COURSES

ARC CPR: Basic Life Support for the Professional Rescuer	American Safety & Health Institute
ARC CPR or First Aid/CPR	National Outdoor Leadership
American Heart Association CPR	School Emergency Care and Safety
Licensed Physician	Institute Wilderness Rescue
Licensed Physician Assistant	International Emergency First
Licensed Nurse	Response
Emergency Medical Technician NYS Dept. of Health	
Medic First Aid	
Wilderness Medical Training Center WFA, WAFA, WFR, WEMT	
L'Ambulance Saint-Jean (Canada) (CPR)	
National Safety Council	
CPR for Coaches State Education Department	
First Responder Basic First Aid and CPR	
Wilderness First Responder (must have separate CPR card)	
First Responder NYS Health Department	
Canadian Red Cross First Aid w/CPR	
Sirius Wilderness Medicine Outdoor Leaders	
Wilderness Med. Training Assoc. Emergency Care & Basic Life Support	
ARC Community First Aid and Safety ARC	
1 st Aid - Responding to Emergencies	
Mariners CPR	

WATER SAFETY COURSES

If you are having a difficult time locating a Water Safety Course, please contact the New York State Outdoor Guides Association. They offer the course at various times and locations throughout the State.

U.S.C.G. License	SOLO
YMCA Safety Class	PADI - Rescue Diver
YMCA Aquatic Personal Safety and Survival Course	Professional River Guides Assoc. of West Virginia
American Canoe Association Instructor Card	Swiftwater Rescue by NASAR, WMA
ARC Water Safety Today	Commercial Diving Institute Whitestone, NY
ARC Lifeguard Course	NYS Outdoor Guides Association
ARC Advanced Lifesaving	Alan Woodruff, Water Safety Instructor Woodgate, NY 315-392-4592
ARC Basic Water Rescue & Small Craft Safety	Michele Krak, Water Safety Instructor 315-684-7659 Madison County, NY
ARC Advanced First Aid	New Jersey Boating Safety
ARC Emergency Water Safety	New York Boating Safety
ARC Water Safety Instructor	Connecticut Boating Safety
ARC Lifeguard Instructor	Pennsylvania Boating Safety
ARC Swimming Instructor	Maryland Boating Safety
Boy Scout Safe Swim Defense	Rescue 3 International
Boy Scout Lifeguard	Wilderness First Responder
Boy Scout Water Safety Instructor	National Outdoor Leadership School (ONLY)
Survival Swimming by Canadian Red Cross Society	Sullivan County Emergency Services Training Center – Water Rescue Awareness
Wilderness Medical Assoc. Bridge (WFA-WFR) ONLY	Sirius Wilderness Medicine, Canada
The Royal Life Saving Society (Canada) Bronze Medallion	
NYS Office of Fire Prevention and Control Water Rescue Awareness	

WHITE WATER TRAINING PROGRAMS
For
Basic Water Safety Equivalent

Adirondack Adventures
Chestertown, NY
877-963-7238

Sagamore Institute
Raquette Lake, NY
315-354-5311

Adirondack Rafting Company
Lake Placid, NY
518-523-1635

Three Rivers Rafting
The Forks, ME
207-663-2104

Whitewater Challengers
North River, NY
518-251-3746

Magic Falls Rafting
West Forks, ME
207-663-0901

Adirondack River Outfitters
Old Forge, NY
315-369-3536

Whitewater Challengers
Old Forge, NY
315-369-6699

Hudson River Rafting Co.
North Creek, NY
518-251-3215

Adirondack Exposure
Old Forge, NY
315-335-1681

WILDWATERS
Warrensburg, NY
518-494-7478

Square Eddy Expeditions
North Creek, NY
518-251-5200

Adventure Calls
Batavia, NY
716-343-4710

Zoar Valley Canoe & Rafting Company
Dunkirk, NY
716-679-7238

Sacandaga Outdoor Center
Glens Falls, NY
518-792-0260

Adventure Sports Rafting
Indian Lake, NY
518-648-5812