Hudson River Lessons for Kindergarten through Third Grade

Students will practice English language arts skills by listening to or reading short articles, then engage in activities to reinforce content and practice other skills.

Objectives: Students will respond to articles in ways that require:

- reading or listening for information and understanding;
- understanding scientific concepts pertaining to the living environment.

Grade level: Elementary (Grades K-3)

Duration:

Preparation time: 5 minutes for each lesson
Activity time: 20-45 minutes for each lesson

Skills:

- Read and listen to acquire facts and ideas from texts.
- Gather, organize, and interpret data presented in tables and maps.
- Describe life cycle stages
- Describe how plants and animals depend on each other and their environment.

Background:

The Hudson River travels over 300 miles in New York State. From its source, Lake Tear of the Clouds in the Adirondack Mountains, it begins as a small freshwater brook and eventually empties into New York City Harbor and out to the Atlantic Ocean. This “arm of the sea” is made up of many ecosystems containing diverse plant and animal life. This collection of lesson plans allows early elementary students to engage in standards-based study of the Hudson River. While the topics vary, the strategy is to have students read -or listen to the teacher read - each article and then engage in an activity that reviews content and uses other skills to process related information. English language arts skills are reinforced in all lessons. Other skills/understandings specific to each activity are listed below, as is a recommended grade level along with names and URLs of related lessons for older or more advanced students.
Assessment:
- Answer sheets are provided for “Growing Up as an American Eel,” “What Do Animals Need To Stay Alive? HABITAT!” and “What Do Animals Need To Stay Alive? FOOD!” For the other lessons, “correct” responses will vary with the individual or encompass a range of possibilities.
- Assess comprehension by having students share answers to questions about the articles, or collect and review worksheets.
- Make up additional questions about the content of the articles.

Resources:
To expand learning about topics covered in these lessons, more pictures of Hudson River organisms are available at http://www.dec.gov.ny/education/88154.html. Information about classification, size, habitat, place in food chains, and life cycle is included.

These children's books cover the Hudson and topics related to the content of these lessons.
Lessons:

Meet the Hudson River/Mapping the Hudson River
- Draw maps and diagrams that represent places, physical features, and objects;
- Locate and label Hudson River watershed places on a student-made Hudson River map;
- Designed for grade 2; (has been done with grade 1) for grades 3-7, see “From the Mountains to the Sea” link at www.dec.ny.gov/education/25398.html.

Growing Up as a Dragonfly
- Order and sequence objects and/or events;
- Describe the major stages in the life cycles of selected plants and animals;
- Designed for grades K-2.

Growing Up as an American Eel
- Order and sequence objects and/or events;
- Describe the major stages in the life cycles of selected plants and animals;
- Designed for grades 1-3; for grades 3-7, see “The Eel’s Incredible Journey” link at www.dec.ny.gov/education/25398.html.

Growing Up as a Striped Bass/How Big? How Old?
- Interpret organized observations and measurements, recognizing simple patterns, sequences, and relationships;
- Measuring - making quantitative observations by comparing to a conventional or nonconventional standard;
- Understanding that each kind of animal goes through its own stages of growth and development during its life span;
- Designed for grades 2-3.

Hogchoker/Camouflage Hunt
- Identify the behaviors and physical adaptations that allow organisms to survive in their environment;
- Understanding that an organism’s external physical features enable it to carry out life functions in its particular environment;
- Designed for grades K-2.

What Do Animals Need To Stay Alive? HABITAT!
- Understanding that animals depend on each other and their physical environment;
- Understanding that animals live in habitats and communities;
- Designed for grades 1-3; for grades 3-5, see also “Fish Communities of the Hudson” http://www.dec.ny.gov/education/25394.html.

What Do Animals Need To Stay Alive? FOOD!
- Understanding that animals depend on each other and their physical environment;
- Understanding that organisms maintain a dynamic equilibrium that sustains life - for example, taking in food supplies energy and materials necessary for growth and repair;
- Designed for grades 1-3; for grades 3-6, see also “Dining Out With Fishes and Birds of the Hudson” http://www.dec.ny.gov/education/60486.html.
Vocabulary List:

**Adirondack Mountains:** a group of mountains in northern New York State

**angler:** a person who fishes with hook and line

**camouflage:** colors and patterns that let animals blend in with their surroundings

**carnivore:** an animal that eats meat

**community:** a group of living things that interact and are located in one place

**eel:** a snake-like fish with smooth skin and a single fin running from its back around its tail to its belly

**elver:** a young eel

**energy:** the ability to do work, to power activity; the sun (solar) and food are sources

**estuary:** a body of water in which fresh and salt water meet

**food chain:** the path by which energy in food moves from one organism to another

**fresh water:** water that is not salty (rainwater is fresh water)

**gill:** in fish and other animals living in water, an organ used to draw oxygen from water

**glass eel:** a very young eel that is colorless; one can see through it

**habitat:** the particular sort of place where a given plant or animal lives

**herbivore:** an animal that eats plants

**high tide:** highest water levels in the tidal cycle

**insect:** an animal with the body clearly divided into a head, thorax, and abdomen, with six legs, and often with one or two pairs of wings

**journey:** travel from one place to another

**lake:** large inland body of standing water

**life cycle:** the sequence of forms and activities by which a living thing develops into an adult able to reproduce and restart the cycle

**low tide:** lowest water levels in the tidal cycle

**metamorphosis:** a change of form as a living thing transforms from one life stage to another - a tadpole to a frog, for example

**migrate:** to move from one place to another

**nymph:** immature insect

**ocean:** the entire body of salt water that covers 70 percent of the earth's surface

**omnivore:** an animal that eats both plants and other animals

**predator:** an animal that eats other animals

**river:** a natural stream of water larger than a brook or creek

**seawater:** salty ocean water

**spawn:** to lay eggs; usually refers to animals that live in water

**stage (of life):** one of the distinct forms in the development of a plant or animal

**surroundings:** the setting around an animal or object of interest; its neighborhood

**tides:** the alternate rising and falling of the surface of the ocean
Lesson: Meet and Map the Hudson River (Grade 2)

In this class activity, students:
- Draw maps and diagrams that represent places, physical features, and objects that are components of the Hudson River watershed
- Locate and label Hudson River watershed places on a student-made Hudson River map

Materials:
- Meet the Hudson River informational text
- drawing paper, blue, green and brown crayons or colored pencils, scissors
- Hudson River maps and New York State maps

Sample comprehension questions to use to guide discussion:
- Compare and contrast the water that flows into the Hudson River near Lake Tear of the Clouds with the water near New York Harbor.
- Why is an estuary a unique body of water?

Common Core Standards

ELA - Reading for Information (RI)
- RI 2.1 Ask and answer such questions as who, what, where, when, why and how to demonstrate key details in a text.
- RI 2.2 Identify the main topic of a multi-paragraph text as well as the focus of specific paragraphs within the text.
- RI 2.4 Determine the meaning of words and phrases in a text relevant to a grade 2 topic or subject area.
- RI 2.6 Identify the main purpose of a text including what the author wants to answer, explain and describe.

Language Standards (L)
- L2.4a Use sentence level context as a clue to meaning of a word or phrase.

NGSS
- 2-ESS2-2 Develop a model to represent the shapes and kinds of land and bodies of water in an area.

Social Studies
- 2.5d The location and place of physical features and man-made structures can be described using symbols and specific geography vocabulary.

Math Suggestion for upper grades: This lesson can be modified for upper grades. Students can draw a map to scale. This incorporates ratio/proportion.
### Teacher Information for Growing Up as a Dragonfly

**Lesson: Growing Up as a Dragonfly (Grades K, 1 & 2)**

**In this class activity, students:**
- Order and sequence objects and/or events
- Describe major stages in the lifecycles of selected Hudson River plants and animals

**Materials:**
- *Growing Up as a Dragonfly* informational text, and activity sheet
- scissors, crayons or colored pencils

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**Common Core Standards**

**ELA - Reading for Information (RI)**

**Kindergarten**
- RIK.1 With prompting and support, ask and answer questions about key details in a text.
- RIK.2 With prompting and support, identify the main topic and retell key details of a text.
- RIK.4 With prompting and support, ask and answer questions about unknown words in a text.
- RIK.7 With prompting and support, describe the relationship between illustrations and the text in which they appear.

**Grade 1**
- RI.1.1 Ask and answer questions about key details in a text.
- RI.1.2 Identify the main topic and retell key details of a text.
- RI 1.4 Ask and answer questions to help determine or clarify the meaning of words and phrases in a text.
- Grade 2
- RI 2.1 Ask and answer such questions as who, what, where, when, why and how to demonstrate key details in a text.
- RI 2.2 Identify the main topic of a multiparagraph text as well as the focus of specific paragraphs within the text.
- RI 2.4 Determine the meaning of words and phrases in a text relevant to a grade 2 topic or subject area.
- RI 2.5 Know and use various text features (e.g. captions, bold print, subheadings, glossaries, indexes, electronic menus, icons) to locate key facts or information in a text efficiently.
- RI 2.6 Identify the main purpose of a text including what the author wants to answer, explain and describe.

**NGSS**
- K-ESS3-1 Use a model to represent the relationship between the needs of different plants or animals (including humans) and the places they live.
- 1-LS1-2 Read texts and use media to determine patterns in behavior of parents and offspring that help offspring survive.
Lesson: Growing Up as an American Eel (Grades 1, 2 & 3)

In this activity, students:

- Order and sequence objects and or events
- Describe major stages in the lifecycles of selected Hudson River plants and animals

Materials:

- Growing Up as an American Eel informational text
- Growing Up as an American Eel activity sheet
- answer key
- scissors, glue or tape

Common Core Standards

ELA- Reading for Information (RI)

Grade 1

- RI 1.1 Ask and answer questions about key details in a text.
- RI 1.2 Identify the main topic and retell key details of a text.
- RI 1.4 Ask and answer questions to help determine or clarify the meaning of words and phrases in a text.
- RI 1.7 Use the illustrations and details in a text to describe its key ideas.
- RI 1.10 With prompting and support, read informational text appropriately complex for grade 1.

Grade 2

- RI 2.1 Ask and answer such questions as who, what, where, when, why and how to demonstrate key details in a text.
- RI 2.2 Identify the main topic of a multiparagraph text as well as the focus of specific paragraphs within the text.
- RI 2.4 Determine the meaning of words and phrases in a text relevant to a grade 2 topic or subject area.
- RI 2.5 Know and use various text features (e.g. captions, bold print, subheadings, glossaries, indexes, electronic menus, icons) to locate key facts or information in a text efficiently.
- RI 2.6 Identify the main purpose of a text including what the author wants to answer, explain and describe.
- RI 2.7 Explain how specific images contribute to and clarify a text.
- RI 2.8 Describe how reasons support specific points the author makes in a text.

Grade 3

- RI 3.1 Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.
- RI 3.2 Determine the main idea of a text; recount the key details and explain how they support the main idea.
- RI 3.3 Describe the relationship between scientific ideas or concepts using language that pertains to time, sequence and cause/effect.
- RI 3.4 Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 3 topic or subject area.
• RI 3.7 Use information gained from illustrations (photographs) and the words in a text to demonstrate understanding of the text (where, when, why and how key events occur).
• RI 3.8 Describe the logical connection between particular sentences and paragraphs in a text. Example: comparison, cause/effect, first/second/third in a sequence.

Social Studies Extension– by including a globe and map and or a series of maps to help students to better understand geography, humans and the environment, the following standards can be addressed.
• 1.5a Maps and map tools, such as legends and cardinal directions can help us navigate from one place to the next, provide directions, or trace important routes.

Math Extension– students can build/draw life-size models of each lifecycle of the eel, with this modification, the following standards would be addressed.

Grade 1
• 1.MD.1 Order three objects by length; compare the lengths of 2 objects indirectly by using a third object.
• 1.MD.2 Express the length of an object as a whole number of length units, by laying multiple copies of a shorter object end to end; understand that the length measurement of an object is the number of same-size length units that span it with no gaps or overlaps.

Grade 2
• 2.MD.1 Measure the length of an object by selecting and using appropriate tools such as rulers, yardsticks, meter sticks and measuring tapes.
• 2.MD.4 Measure to determine how much longer one object is than another, expressing the length difference in terms of a standard length unit.

NGSS
• 3-LS1-1 Develop models to describe that organisms have unique and diverse life cycles but all have in common birth, growth, reproduction and death.
Lesson: Growing Up as a Striped Bass/ How Big? How Old? (Grades 2 & 3)

In this class activity, students:
- Interpret organized observations and measurements using a data chart
- Understand that different animals go through their own stage of growth and development during their lifespan

Materials:
- Growing Up as a Striped Bass informational text
- How Big? How Old? data chart and questions
- answer key
- scissors, glue or tape

Common Core Standards
ELA- Reading for Information (RI)

Grade 2
- RI 2.1 Ask and answer such questions as who, what, where, when, why and how to demonstrate key details in a text.
- RI 2.2 Identify the main topic of a multiparagraph text as well as the focus of specific paragraphs within the text.
- RI 2.4 Determine the meaning of words and phrases in a text relevant to a grade 2 topic or subject area.
- RI 2.5 Know and use various text features (e.g. captions, bold print, subheadings, glossaries, indexes, electronic menus, icons) to locate key facts or information in a text efficiently.
- RI 2.6 Identify the main purpose of a text including what the author wants to answer, explain and describe.
- RI 2.7 Explain how specific images contribute to and clarify a text.
- RI 2.8 Describe how reasons support specific points the author makes in a text.

Grade 3
- RI 3.1 Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.
- RI 3.2 Determine the main idea of a text; recount the key details and explain how they support the main idea.
- RI 3.3 Describe the relationship between scientific ideas or concepts using language that pertains to time, sequence and cause/effect.
- RI 3.4 Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 3 topic or subject area.
- RI 3.5 Use text features and search tools to locate information relevant to a given topic efficiently.
• RI 3.7 Use information gained from illustrations (photographs) and the words in a text to demonstrate understanding of the text (where, when, why and how key events occur).

• RI 3.8 Describe the logical connection between particular sentences and paragraphs in a text. Example: comparison, cause/effect, first/second/third in a sequence.

Math Standards

Grade 2
• 2.MD.1 Measure the length of an object by selecting and using appropriate tools such as rulers, yardsticks, meter sticks and measuring tapes.

Social Studies

Grade 2
• 2.5d The location and place of physical features and man-made structures can be described using symbols and specific geography vocabulary.

Grade 3
• 3.1b Globes, maps, photographs, and satellite images contain geographic information. Maps often have a title, legend or key, compass orientation, author, date, grid and scale.

NGSS
• 3-LS1-1 Develop models to describe that organisms have unique and diverse life cycles but all have in common birth, growth, reproduction and death.
Lesson: Hogchoker Hunt (Grades K, 1 & 2)

In this class activity, students:
- Identify the behaviors and physical adaptions that allow organisms to survive in their environment
- Understand that an organism's external physical features enable it to carry out life functions in its particular environment

Materials:
- Hogchoker Hunt informational text
- Hogchoker Hunt activity sheet
- scissors, black and brown crayons or colored pencils

Common Core Standards
ELA - Reading for Information (RI)
Kindergarten
- RIK.1 With prompting and support, ask and answer questions about key details in a text.
- RIK.2 With prompting and support, identify the main topic and retell key details of a text.
- RIK.4 With prompting and support, ask and answer questions about unknown words in a text.
- RIK.7 With prompting and support, describe the relationship between illustrations and the text in which they appear.
- RIK.8 With prompting and support, identify the reasons an author gives to support points in a text.

Grade 1
- RI1.1 Ask and answer questions about key details in a text.
- RI1.2 Identify the main topic and retell key details of a text.
- RI 1.4 Ask and answer questions to help determine or clarify the meaning of words and phrases in a text.
- RI 1.6 Distinguish between information provided by pictures or other illustrations and information provided by the words in a text.
- RI 1.7 Use the illustrations and details in a text to describe its key ideas.
- RI 1.10 With prompting and support, read informational text appropriately complex for grade 1.
Grade 2

- RI 2.1 Ask and answer such questions as who, what, where, when, why and how to demonstrate key details in a text.
- RI 2.2 Identify the main topic of a multiparagraph text as well as the focus of specific paragraphs within the text.
- RI 2.4 Determine the meaning of words and phrases in a text relevant to a grade 2 topic or subject area.
- RI 2.5 Know and use various text features (e.g. captions, bold print, subheadings, glossaries, indexes, electronic menus, icons) to locate key facts or information in a text efficiently.
- RI 2.6 Identify the main purpose of a text including what the author wants to answer, explain and describe.
- RI 2.7 Explain how specific images contribute to and clarify a text.

NGSS

Kindergarten

- K-LS1-1 Use observations to describe patterns of what plants and animals need to survive.
- K-ESS3-1 Use a model to represent the relationship between the needs of different plants or animals and the places they live.
Lesson: What do Animals Need to Stay Alive? Habitat! (Grades 1, 2 & 3)

In this class activity, students:
- Learn that animals depend on each other and their physical environment
- Learn that animals live in habitats and communities

Materials:
- What do Animals Need to Stay Alive? Habitat! informational text
- What do Animals Need to Stay Alive? Habitat! activity sheets
- colored pencils or markers

Common Core Standards
ELA- Reading for Information (RI)

Grade 1
- RI 1.1 Ask and answer questions about key details in a text.
- RI 1.2 Identify the main topic and retell key details of a text.
- RI 1.3 Describe the connection between two individuals, events, ideas or pieces of information in a text.
- RI 1.4 Ask and answer questions to help determine or clarify the meaning of words and phrases in a text.
- RI 1.6 Distinguish between information provided by pictures or other illustrations and information provided by words in a text.
- RI 1.7 Use the illustrations and details in a text to describe its key ideas.
- RI 1.8 Identify the reasons an author gives to support points in a text.
- RI 1.10 With prompting and support, read informational text appropriately complex for grade 1.

Grade 2
- RI 2.1 Ask and answer such questions as who, what, where, when, why and how to demonstrate key details in a text.
- RI 2.2 Identify the main topic of a multiparagraph text as well as the focus of specific paragraphs within the text.
- RI 2.4 Determine the meaning of words and phrases in a text relevant to a grade 2 topic or subject area.
- RI 2.5 Know and use various text features (e.g. captions, bold print, subheadings, glossaries, indexes, electronic menus, icons) to locate key facts or information in a text efficiently.
- RI 2.6 Identify the main purpose of a text including what the author wants to answer, explain and describe.
- RI 2.7 Explain how specific images contribute to and clarify a text.
- RI 2.8 Describe how reasons support specific points the author makes in a text.
- RI 2.10 By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical text, in the grades 2-3 text complexity band proficiently, with scaffolding as needed at the high end of the range.
Grade 3

- RI 3.1 Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.
- RI 3.2 Determine the main idea of a text; recount the key details and explain how they support the main idea.
- RI 3.3 Describe the relationship between scientific ideas or concepts using language that pertains to time, sequence and cause/effect.
- RI 3.4 Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 3 topic or subject area.
- RI 3.5 Use text features and search tool (e.g. key words) to locate information relevant to a given topic efficiently.
- RI 3.7 Use information gained from illustrations (photographs) and the words in a text to demonstrate understanding of the text (where, when, why and how key events occur).
- RI 3.8 Describe the logical connection between particular sentences and paragraphs in a text. Example: comparison, cause/effect, first/second/third in a sequence.
- RI 3.10 By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical text, in the grades 2-3 text complexity band proficiently, with scaffolding as needed at the high end of the range.

NGSS

Grade 2

- 2-LS4-1 Make observations of plants and animals to compare the diversity of life in different habitats.
- 2-ESS2-3 Obtain information to identify where water is found on earth and that it can be solid or liquid.

Grade 3

- 3-LS2-1 Construct an argument that some animals form groups that help members survive.
- 3-LS4-3 Construct an argument with evidence that in a particular habitat some organisms can survive well, some survive less well, and some cannot survive at all.
- 3-LS4-4 Make a claim about the merit of a solution to a problem caused when the environment changes and the types of plants and animals that live there may change.
What do Animals Need to Stay Alive? FOOD!
(Grades 1, 2 & 3)

In this class activity, students:
- Learn that animals depend on each other and their physical environment
- Learn that organisms maintain a dynamic equilibrium that sustains life

Materials:
- What do Animals Need to Stay Alive? Food! informational text
- What do Animals Need to Stay Alive? Food! activity sheets
- scissors, glue or tape

Common Core State Standards
ELA- Reading for Information (RI)

Grade 1
- RI 1.1 Ask and answer questions about key details in a text.
- RI 1.2 Identify the main topic and retell key details of a text.
- RI 1.3 Describe the connection between two individuals, events, ideas or pieces of information in a text.
- RI 1.4 Ask and answer questions to help determine or clarify the meaning of words and phrases in a text.
- RI 1.6 Distinguish between information provided by pictures or other illustrations and information provided by words in a text.
- RI 1.7 Use the illustrations and details in a text to describe its key ideas.
- RI 1.8 Identify the reasons an author gives to support points in a text.
- RI 1.10 With prompting and support, read informational text appropriately complex for grade 1.

Grade 2
- RI 2.1 Ask and answer such questions as who, what, where, when, why and how to demonstrate key details in a text
- RI 2.2 Identify the main topic of a multiparagraph text as well as the focus of specific paragraphs within the text.
- RI 2.4 Determine the meaning of words and phrases in a text relevant to a grade 2 topic or subject area
- RI 2.5 Know and use various text features (e.g. captions, bold print, subheadings, glossaries, indexes, electronic menus, icons) to locate key facts or information in a text efficiently.
- RI 2.6 Identify the main purpose of a text including what the author wants to answer, explain and describe.
- RI 2.7 Explain how specific images contribute to and clarify a text.
- RI 2.8 Describe how reasons support specific points the author makes in a text.
- RI 2.10 By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical text, in the grades 2-3 text complexity band proficiently, with scaffolding as needed at the high end of the range.
Grade 3

- RI 3.1 Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.
- RI 3.2 Determine the main idea of a text; recount the key details and explain how they support the main idea.
- RI 3.3 Describe the relationship between scientific ideas or concepts using language that pertains to time, sequence and cause/effect.
- RI 3.4 Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 3 topic or subject area.
- RI 3.5 Use text features and search tool (e.g. key words) to locate information relevant to a given topic efficiently.
- RI 3.7 Use information gained from illustrations (photographs) and the words in a text to demonstrate understanding of the text (where, when, why and how key events occur).
- RI 3.8 Describe the logical connection between particular sentences and paragraphs in a text. Example: comparison, cause/effect, first/second/third in a sequence.
- RI 3.10 By the end of the year, read and comprehend informational texts, including history/social studies, science, and technical text, in the grades 2-3 text complexity band proficiently, with scaffolding as needed at the high end of the range.

NGSS

Grade 2

- 2-LS2-2 Develop a simple model that illustrates how plants and animals depend on each other for survival.
- 2-LS4-1 Make observations of plants and animals to compare the diversity of life in different habitats.

Grade 3

- 3-LS4-3 Construct an argument with evidence that in a particular habitat some organisms can survive well, some survive less well, and some cannot survive at all.
- 3-LS4-4 Make a claim about the merit of a solution to a problem caused when the environment changes and the types of plants and animals that live there may change.
Growing Up as an American Eel

1. **eggs**
2. **baby eel**
3. **glass eel**
4. **elver**
5. **adult eel**

American Eel Life Cycle

Name: ____________________________
What Do Animals Need To Stay Alive? HABITAT!

Below are pictures of three Hudson River creatures and three Hudson River habitats. Draw a line joining each creature to its habitat.

A. The spotted sandpiper prefers sandy or muddy shorelines.

B. The Atlantic sturgeon prefers deep water in large rivers and the ocean.

C. The marsh wren prefers marshes.
In their habitats, animals find food, water, shelter, and a place to raise their young. Bald eagles need water to find the fish they eat. They need large trees for their big nests. In winter, they need shelter from cold winds at night.

Here is a picture of eagle habitat on the Hudson. Put the number 1 where an eagle would find food, 2 where it might build a nest, and 3 where it might find shelter from winds.

1. Eagles find fish in the water.

2. Eagles might nest in any of the larger trees here.

3. Eagles might take shelter in trees below the edge of the cliff, out of the wind.
Different animals eat different kinds of food.

The muskrat eats plants. Animals that eat only plants are called herbivores.

The northern water snake is a carnivore. Carnivores eat other animals.

Some animals are not picky eaters. They eat plants and animals. They are called omnivores. The common carp is an omnivore.

Food chains show where living things get their energy. All food chains start with the sun. Green plants make their own food using sunlight. Animals must eat plants or other animals to live and grow.

In this Hudson River food chain, arrows show where each living thing gets energy. The sun gives energy to the plant. The insect gets energy by eating the plant. The fish eats the insect to get energy. Last, the bird eats the fish to get its energy.

1. Are you an herbivore, carnivore, or omnivore? Except for vegetarians or very picky eaters, most people are omnivores.
2. In this food chain, which animal is an herbivore? The insect.
3. How many carnivores are in this food chain? Two, the fish and the bird.
4. If insects disappeared, what would happen to fish and birds? The fish and birds would have a hard time finding food, and might not survive.
Meet the Hudson River

High in the Adirondack Mountains a river begins. It starts at Lake Tear of the Clouds. The river’s journey is 315 miles long. It ends at New York City near the Atlantic Ocean. This river is called the Hudson.

The Hudson River changes during this journey. It begins as fresh water flowing from the mountains. Here it rushes over rapids and waterfalls.

Later the Hudson passes small towns and big cities. It grows wider and deeper. Long bridges cross the river.

Near the ocean, salty seawater enters the Hudson River. It mixes with fresh water from the mountains. A place where this happens is called an estuary. Here you find crabs and other animals that like salty water.

At the seashore, tides make the water slowly rise and fall. At high tide the water’s edge is far up the beach. At low tide it is low down on the beach. You can also see tides in the Hudson estuary. The tides and salty water show that this end of the river is an arm of the sea.
Mapping the Hudson River

Maps can show us land, rivers, lakes, mountains, roads, and cities. Maps show us where things are.

Directions: Read the article Meet the Hudson River. Then make a map of the Hudson River. Look at the article and its map if you need help.

1. On a clean sheet of paper draw the Hudson River.
2. Draw a compass rose to show directions.
3. Write the name of your town in the blank label below.
4. Cut out the labels. Paste each label in the correct place on your map.
   - Again, if you need help look at a map of New York State or the map in the article Meet the Hudson River. Label your map with River miles. NYC is RM 1, Lake Tear is RM315. Research your own town's river mile.
5. Draw in mountains, the Atlantic Ocean, and your town. Add bridges, the seashore, or any other places you might find on your map.
7. Sunfish live in fresh water. Sea robins live in salt water. Banded killifish live in fresh or brackish water. Cut out the pictures below. Place the sunfish on your map where there is fresh water in the Hudson. Place the sea robin where there is salt water in the Hudson.
Growing Up as a Dragonfly

I am a little animal, but I go through big changes. My life cycle takes place in stages. I look very different at each stage. There is a big word for these changes – metamorphosis.

My life cycle has three stages.

The first stage is an egg. My mother lays the egg in water.

The second stage starts when I hatch from the egg. Now I am called a nymph. You can see my six legs. That makes me an insect. I live underwater and breathe with gills.

For the third stage I climb out of the water. My skin dries out and cracks open. Now you can see my new body. It is long, thin, and colorful. My gills are gone. Now I breathe air. My wings stretch out. I start to fly and catch tiny insects to eat.

Do you know what I am? I am an adult dragonfly.
1. Color the pictures of each stage of the dragonfly’s life cycle.

2. Write the name of the stage on the line next to each drawing, or cut out.

   - eggs
   - nymph
   - adult dragonfly

3. Cut out each drawing.

4. Label the drawings #1, #2, and #3 to put the stages of the dragonfly’s life cycle in the right order.

5. Match the stages for the lifecycle to the environment of each stage. Cut and paste the lifecycle picture on paper and draw the correct environment (water, land, air).
Growing Up as an American Eel

Could you find your way to a place you have not seen in twenty years? Without a map? The American eel can.

In the Sargasso Sea, a tiny eel is born. Just hatched from an egg, it looks like a piece of tape. Clear as glass. Only a few inches long.

How long is the baby eel larvae? Take out a ruler and measure!

Drifting across the sea, the eel begins its journey. It makes its way towards the Hudson River, changing along the way. The baby eel now looks like a tiny piece of spaghetti. Only two inches long, at this stage of its life cycle this fish is called a glass eel. You can actually see right through it!

After about one year, the eel reaches the Hudson. It will change again. Its body becomes green, brown, or yellow. At this stage of the eel’s life cycle, it is called an elver.

Elvers live in the river for 10 years or more. There they grow into adult eels, reaching lengths up to four feet! When eels are big and strong, they swim back to the Sargasso Sea where they were born. Here eels finish their life cycle. They will lay eggs and then die.

Growing Up as an American Eel
Follow the directions to make an American eel life cycle.

☐ 1. Cut out the pictures of the eel’s life cycle.
☐ 2. Arrange the pictures in the correct order on the paper provided.
☐ 3. Paste pictures.
☐ 4. Fill in the blank lines with the names of the stages of the eel’s life cycle: eggs, baby eel, glass eel, elver, adult.
Hogchoker Hunt

Have you ever looked for an animal and not found it? Some animals are hard to see. They blend in with their *surroundings*. This is called *camouflage*. Their colors, patterns and shapes help them to hide.

The hogchoker lives in the Hudson River. This fish is brown with a pattern of dark stripes. It lies flat on the muddy bottom. Would a hogchoker be easy to see?

Since this fish lies on the bottom, its eyes point up. Hogchokers keep watch for *predators* swimming overhead. Catfish and sturgeon might eat hogchokers.

Hogchokers also look around the bottom for food. They eat tiny worms, insects and other small creature.
Camouflage Hunt

Which color hogchoker is hardest to find?

Directions:

1. Color one hogchoker black, one brown, and one black and brown.
2. Cut out each hogchoker.
3. Go outside on to the playground. Place each fish where it will blend in with its surroundings. Do not hide them under or behind anything. They should be in view, but hard to see because of their camouflage.
4. Have a partner try to find each one. He or she will have only one minute to search.
5. Which color hogchoker was the easiest to find? Which one was the hardest?
Growing Up as a Striped Bass

In spring, anglers catch big striped bass in the Hudson River. How big? Some of these fish are as big as a second grader!

Striped bass live in the Atlantic Ocean most of the time. They migrate into the Hudson to spawn in spring. This means that they swim from the ocean into the river to lay eggs. After spawning, these bass go back to the ocean.

Striped bass hatch from eggs in a few days. At first they don’t look like their parents. Nearly three months go by before they get their stripes.

Most young bass go out into the ocean when they are two years old. There they may swim north to Maine in summer. In winter they may swim south to North Carolina. They come back to the Hudson to spawn after they are four years old.
How Big? How Old

This table matches the length and weight of a striped bass to its age. For example, a bass 20 years old would be 55” long. It would weigh 70 pounds.

1. How old are you?
   _______ years

2. A striped bass as old as you is _______ inches long.

3. A striped bass your age weighs _______ pounds.

4. How much do you weigh?
   _______ pounds

5. How old is a striped bass that weighs the same as you?
   _______ years

6. How tall are you? Have a partner measure your height. Use a ruler or tape measure.
   _______ inches

7. If a striped bass is as long as you are tall, how old is it?
   _______ years

8. If a student caught a 10 year and a 13 year old bass, what would be their combined weight?
   _______ lbs.

9. How much longer is a 20 year old striped bass than a 12 year old striped bass?
   _______ inches longer

Table showing length and weight of striped bass ages 6-22 years

Figures are approximate.

<table>
<thead>
<tr>
<th>Age of bass (in years)</th>
<th>Length of bass (in inches)</th>
<th>Weight of bass (in pounds)</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 yr</td>
<td>27”</td>
<td>10 lb</td>
</tr>
<tr>
<td>7 yr</td>
<td>29”</td>
<td>11 lb</td>
</tr>
<tr>
<td>8 yr</td>
<td>31”</td>
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<td>9 yr</td>
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<td>10 yr</td>
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<tr>
<td>21 yr</td>
<td>57”</td>
<td>83 lb</td>
</tr>
<tr>
<td>22 yr</td>
<td>59”</td>
<td>95 lb</td>
</tr>
</tbody>
</table>
What Do Animals Need To Stay Alive? HABITAT!

Where do you live? Is your home in a house? In an apartment building? Is it in the country? In a small town? In a city?

The people in your town or city belong to different families. They have different jobs. Yet they live together in a community. A community is a place where people live and work together. Here they have homes where they find food, water, and shelter.

This fish is a mummichog. It is found in the Hudson River. Do you think it lives in a house? In an apartment? In a town or a city?

Fish do not build homes in towns, but each has a favorite place to live called a habitat. Habitats provide the food, water, and shelter fish need. Mummichogs prefer shallow water where plants grow. This picture shows mummichog habitat.

These fishes live in the same habitat as mummichogs. They belong to different families, but together they form a fish community.
Below are pictures of three Hudson River creatures and three Hudson River habitats. Draw a line joining each creature to its habitat.

A. The spotted sandpiper prefers sandy or muddy shorelines.

B. The Atlantic sturgeon prefers deep water in large rivers and the ocean.

C. The marsh wren prefers marshes.
In their habitats, animals find food, water, shelter, and a place to raise their young. Bald eagles need water to find the fish they eat. They need large trees for their big nests. In winter, they need shelter from cold winds at night.

Here is a picture of eagle habitat on the Hudson. Put the number 1 where an eagle would find food, 2 where it might build a nest, and 3 where it might find shelter from winds.
What Do Animals Need To Stay Alive? FOOD!

What would you do without food? Could you grow big? Would you be able to run and play?

All animals need food. This young bald eagle is eating a fish from the Hudson River. This food will become part of the bird’s bones, muscles, and feathers.

Food also gives animals energy. They need energy to move, to make sounds, to see and to hear. The young eagle uses energy to keep watch. When it sees danger, it needs energy to fly away.

Plants need energy too, but they do not eat like animals. Plants get their energy from sunlight.

Green plants make their own food. They use sunlight and ingredients from soil, water, and air to grow.
Different animals eat different kinds of food.

The muskrat eats plants. Animals that eat only plants are called **herbivores**.

The northern water snake is a **carnivore**. Carnivores eat other animals.

Some animals are not picky eaters. They eat plants and animals. They are called **omnivores**. The common carp is an omnivore.

**Food chains** show where living things get their energy. All food chains start with the sun. Green plants make their own food using sunlight. Animals must eat plants or other animals to live and grow.

In this Hudson River food chain, arrows show where each living thing gets energy. The sun gives energy to the plant. The insect gets energy by eating the plant. The fish eats the insect to get energy. Last, the bird eats the fish to get its energy.

1. Are you an herbivore, carnivore, or omnivore?
2. In this food chain, which animal is an herbivore?
3. How many carnivores are in this food chain?
4. If insects disappeared, what would happen to fish and birds?
Activity 1. Draw a food chain that shows where you get your food and energy. Don’t forget to start with the sun!

Activity 2. Create a food chain with real links.

1. Choose four strips from the food chain links sheets. One of the strips should be the sun. Another should be a plant. The strips will be the links in your chain.

2. Arrange your strips in correct food chain order.

3. Glue or tape the two ends of the SUN strip together to make a circle. This is your first link.

4. To make the second link, pass one end of the next strip through the SUN link. Then glue or tape the ends of the second strip together, connecting two circles.

5. Pass the third strip through the second link. Glue or tape its ends together to make the third link.

6. In the same way, make the fourth link of your chain.

7. Display your food chain by hanging it in your classroom.
<table>
<thead>
<tr>
<th>Food Chain Links</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1" alt="Insect" /></td>
</tr>
<tr>
<td><img src="image2" alt="Plant" /></td>
</tr>
<tr>
<td><img src="image3" alt="Sun" /></td>
</tr>
<tr>
<td><img src="image4" alt="Bird" /></td>
</tr>
<tr>
<td><img src="image5" alt="Fish" /></td>
</tr>
</tbody>
</table>
Food Chain Links

- PLANT
- INSECT
- BIRD
- SUN
- FISH