The Rock Lake Trail extends 0.8 mile to the shore of Rock Lake, dropping only 80 feet in that distance. Rock Lake offers scenic views as well as paddling and fishing. The Rock River trail extends 3.0 miles from the trailhead to the banks of Rock River, dropping 380 feet.

***Please respect private property. Stay on designated trails***
***Practice Leave No Trace Principles***
***Emergency contact 518-891-0235***