Lily Pond Loop (0.3 mile)
Circling Lily Pond, this trail features scenic overlooks and close approaches to several ponds with excellent opportunities to view ducks, geese, turtles and other aquatic wildlife. See a variety of animal homes along the way, and enjoy the pink water lilies in summer. A flat trail over crushed stone and mowed grass.

State Symbols Trail (0.1 mile)
This trail features signs describing New York’s state symbols. View forest and cattail marsh habitats along the trail. A flat trail over crushed stone.

Footprint Trail (0.6 mile)
Winding through diverse forest and wetland ecosystems, the Footprint Trail highlights efforts to minimize our “footprint” on nature. A gentle grade over crushed stone.

Beech Tree trail (0.5 mile)
Explore a beech-maple forest, featuring our champion beech tree. Learn about the unique features of a mature forest and what makes it so valuable to wildlife. A gentle grade over crushed stone.

History Trail (0.8 mile)
This trail features the history of Reinstein Woods—from pre-European settlement, through the preserve's creation, to its ownership by New York State. A gentle grade over crushed stone.

Hidden Pond (0.3 mile)
A flat trail over crushed stone.

Lower Pond (0.4 mile)
A gentle trail over crushed stone.

West Pond (0.5 mile)
A flat trail over crushed stone.

Features
Stone House
Dr. Reinstein built the stone house in 1965 as a summer home on the shore of Flattail Lake.

Nature Play Area
A place for free-form nature play, where kids can explore and build with tree branches.

Deer Exclosures
White-tailed deer are abundant here and eat most of the tree seedlings and ground-cover plants in this forest. Deer exclosures protect young trees from deer and promote forest regeneration. Many of the exclosures were constructed by Boy Scouts for their Eagle Scout projects.