

# New York Recycles!

## The BEAR Facts...

**W**hen you recycle, you are protecting the environment and saving natural resources. Lots of items are made from recycled materials—things you use every day.

Recycling is great! It saves energy, natural resources, time, money and landfill space, plus it makes less pollution. But waste reduction (or not making waste to begin with) and reuse are even better!

Remember the three "Rs"  
**REDUCE, REUSE & RECYCLE**

Look for the recycling symbol  or the words "made from recycled materials" when buying stuff.

Draw a line from the disposable product to the reusable product to show how you could reduce waste if you used items again and again.

### Disposable Product

### Reusable Product

**Paper/Plastic Shopping Bags**

**Paper Towels**

**Paper/Styrofoam Cup**

**Sandwich Bag**

**Paper Lunch Bag**

**Lunch Box**

**Plastic Sandwich Box**

**Reusable Mug**

**Tote Bag**

**Cloth Towel**

List two items that are disposable.

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What reusable products can you use instead?

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