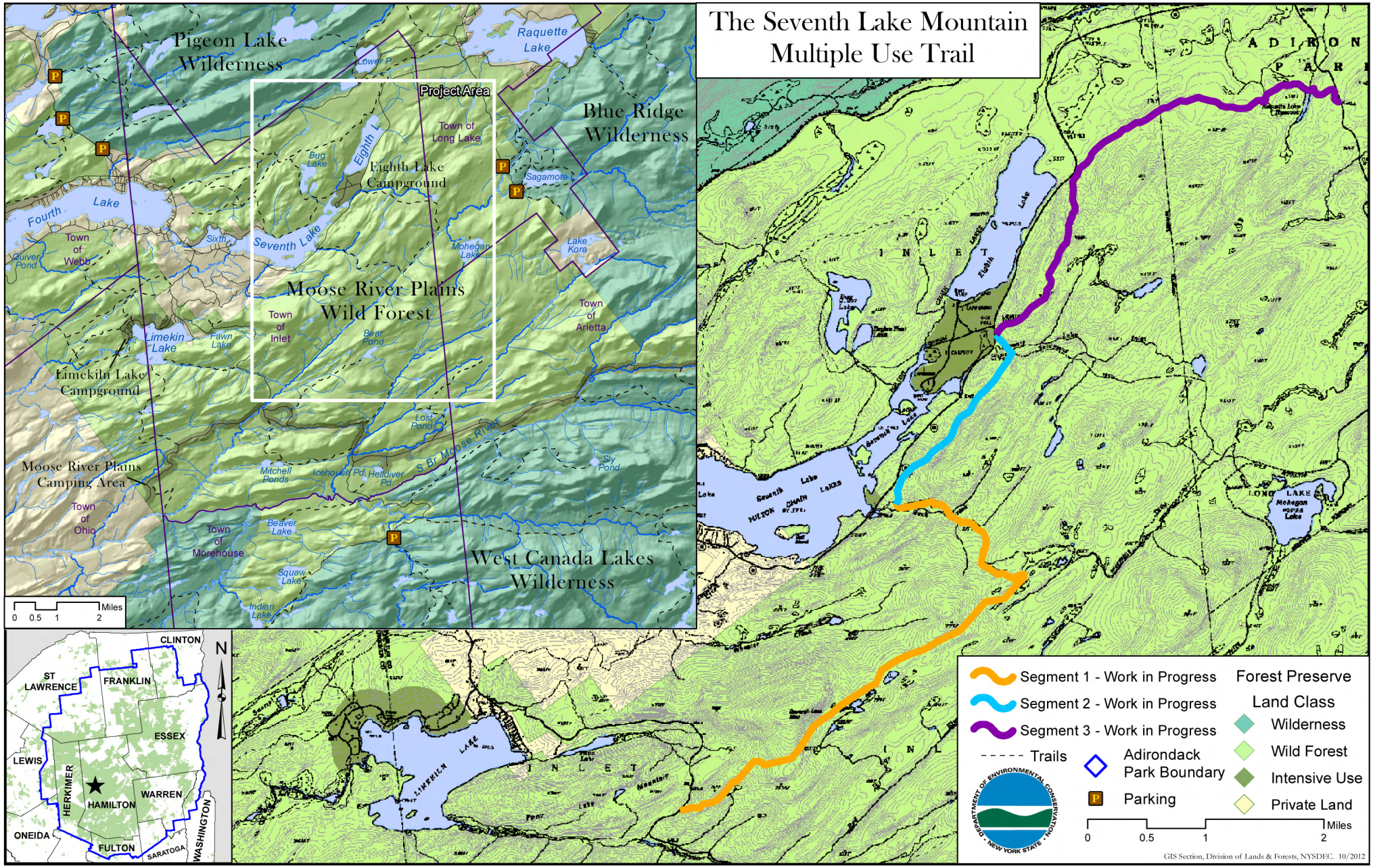The Seventh Lake Mountain Multiple Use Trail