

**FIRST AID COURSES
(ON-LINE CERTIFICATION COURSES ARE NOT ACCEPTED WITH THE EXCEPTION OF
THE AMERICAN RED CROSS OR AMERICAN HEART ASSOCIATION BLENDED
COURSES)**

Emergency Medical Technician
NYS Department of Health

Licensed Physician

Licensed Physician Assistant

Licensed Nurse

Wilderness First Responder

ARC First Aid Training for
First Responders

ARC Advanced First Aid

ARC Responding to Emergencies

Medic First Aid

Outdoor Emergency Care
National Ski Patrol

Wilderness First Aid

Wilderness Medicine Supply
(SOLO)

National Safety Council

American Heart Association

First Aid for Coaches
State Education Department

ARC Community First Aid & Safety

PADI - Medic First Aid

First Responder in Winter Survival &
Basic First Aid & CPR
(Canada)

Swiftwater Rescue
(WMA)

L'Ambulance Saint-Jean
(Canada)

Canadian Red Cross First Aid

Emergency Skills, Inc.
ALIVE! Course

Sirius Wilderness Medicine Outdoor Leaders
Valid for 2 years

US Coast Guard
Emergency Response Educators

American Safety & Health Institute

ARC Sports Safety Training

ARC Preventing Disease Transmission

Emergency Care & Basic Life Support Course
Emergency Medical Trng. Assoc.

Combat Lifesavers Course
Dept. of the Army

Mariners First Aid and CPR

American Health Association

Wilderness Medical Institute

National Outdoor Leadership School

Emergency Care and Safety Institute

Wilderness Rescue International

Mariners First Aid

Emergency First Response

CPR COURSES

**(ON-LINE COURSES ARE NOT ACCEPTED WITH THE EXEPTION OF THE AMERICAN
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ARC CPR: Basic Life Support for the
Professional Rescuer

National Outdoor Leadership School

ARC Community CPR

Emergency Care and Safety Institute

American Heart Association CPR

Wilderness Rescue International

Licensed Physician

Emergency First Response

Licensed Physician Assistant

Licensed Nurse

Emergency Medical Technician
NYS Dept. of Health

Medic First Aid

L'Ambulance Saint-Jean
(Canada) (CPR)

National Safety Council

CPR for Coaches
State Education Department

First Responder
Basic First Aid and CPR

Wilderness First Responder

First Responder
NYS Health Department

Canadian Red Cross First Aid w/CPR

Sirius Wilderness Medicine Outdoor Leaders

Wilderness Med. Training Assoc.
Emergency Care & Basic Life Support

ARC Community First Aid and Safety

ARC 1st Aid - Responding to Emergencies

Mariners CPR

American Safety & Health Institute

**WATER SAFETY COURSES
(ON-LINE COURSE ARE NOT ACCEPTABLE)**

If you are having a difficult time locating a Water Safety Course, please contact the NYS Guides Association. They offer the course at various times and locations throughout the State.

U.S.C.G. License	SOLO
YMCA Safety Class	PADI - Rescue Diver
YMCA Aquatic Personal Safety and Survival Course	Professional River Guides Assoc. of West Virginia
American Canoe Association Instructor Card	Swiftwater Rescue by NASAR, WMA
ARC Water Safety Today	Commercial Diving Institute Whitestone, NY
ARC Lifeguard Course	NYS Outdoor Guides Association Alan Woodruff, Water Safety Instructor Woodgate, NY 315-392-4592
ARC Advanced Lifesaving	Michele Krak, Water Safety Instructor 315-684-7659 Madison County, NY
ARC Basic Water Rescue & Small Craft Safety	New Jersey Boating Safety
ARC Advanced First Aid	New York Boating Safety
ARC Emergency Water Safety	Connecticut Boating Safety
ARC Water Safety Instructor	Pennsylvania Boating Safety
ARC Lifeguard Instructor	Maryland Boating Safety
ARC Swimming Instructor	Rescue 3 International
Boy Scout Safe Swim Defense	Wilderness First Responder National Outdoor Leadership School 307-332-1416
Boy Scout Lifeguard	Sullivan County Emergency Services Training Center – Water Rescue Awareness
Boy Scout Water Safety Instructor	NYS Office of Fire Prevention and Control Water Rescue Awareness
Survival Swimming by Canadian Red Cross Society	Sirius Wilderness Medicine, Canada
Wilderness Medical Assoc. (WMA)	
The Royal Life Saving Society (Canada) Bronze Medallion	

WHITE WATER TRAINING PROGRAMS
For
Basic Water Safety Equivalent

Adirondack Adventures
Chestertown, NY
877-963-7238

Sagamore Institute
Raquette Lake, NY
315-354-5311

Adirondack Rafting Company
Lake Placid, NY
518-523-1635

Three Rivers Rafting
The Forks, ME
207-663-2104

Whitewater Challengers
North River, NY
518-251-3746

Magic Falls Rafting
West Forks, ME
207-663-0901

Adirondack River Outfitters
Old Forge, NY
315-369-3536

Whitewater Challengers
Old Forge, NY
315-369-6699

Hudson River Rafting Co.
North Creek, NY
518-251-3215

Adirondack Exposure
Old Forge, NY
315-335-1681

WILDWATERS
Warrensburg, NY
518-494-7478

Adventure Calls
Batavia, NY
716-343-4710

Zoar Valley Canoe & Rafting Company
Dunkirk, NY
716-679-7238

Sacandaga Outdoor Center
Glens Falls, NY
518-792-0260

Adventure Sports Rafting
Indian Lake, NY
518-648-5812