

The Lily Pad

Dr. Victor Reinstein Woods Nature Preserve

Volume VII, Issue 2



7th Annual Fall Festival
Saturday, September 15, 2007
10:00 AM to 4:00 PM

It's time again for our annual celebration of nature at Reinstein Woods Nature Preserve!

This year, visitors to the Fall



A young festival visitor shows off his decorated walking stick.

Festival will be greeted by costumed creatures of the pond. The festival will feature new crafts, such as making rain sticks and track bandanas, as well as old favorites like decorating a walking stick. Kids will also have the chance

to scoop in the Lily Pond to search for aquatic creatures and try out "snow" shoeing in the woods. Families can enjoy a guided nature walk, and parents of young children can take a break in our new Toddler Zone.

Local DEC staff will share information on air and water quality, wildlife, recycling and more. The WNY Herpetological Society, Buffalo Zoomobile and Owl Facts will have live animals on hand for visitors to learn about. In addition to the crafts and exhibits, there will be demonstrations on the duties of DEC forest rangers. Local musician Brian Wheat and his band Groggy Darlin' will provide live music during the event.



You never know what you'll find in your net at the Lily Pond!

The suggested donation of \$2.00 per person at the entrance gate will help Friends of Reinstein Nature Preserve (FORNP) support future education programs at "The Woods."



The bluebird, the official NY state bird, greeted Fall Festival visitors last year.

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NATURE NOTES

by Kristen Rosenburg

When you think of migration, the usual image that comes to mind is a v-shaped formation of loudly honking Canada geese flying south for the winter. Many songbirds and hawks also head to warmer climates in the fall for access to open water and food supplies. However, migration isn't just for the birds!

Two of our common local insects migrate in the fall. You may have heard of the migration of monarch butterflies to Mexico. Adults migrate south where they hang in trees in large numbers. In early spring, they begin their return to the north.



Did you know that some dragonflies also migrate? The common green darner flies south for the winter, along the same migration routes as hawks, and returns in the spring to lay its eggs. This large dragonfly species spends several years in the nymph stage in the pond before emerging as an adult.



Another less well-known migratory species is the little brown bat. Most migrate south, where they hibernate in caves.

Other bat species hibernate locally.

So when you are outdoors, keep an eye on the sky for migrating animals this fall!

Save a tree—read *The Lily Pad* online!

Do you have internet access? Are you able to view and print PDF files? Help us reduce mailing costs and conserve resources by viewing *The Lily Pad* online! *The Lily Pad* quarterly newsletter is available online on the DEC website at www.dec.ny.gov/education/1841.html

To be notified when the newsletter is posted online, you can sign up for our email notification list. Send an email message to rwnp@gw.dec.state.ny.us and type "The Lily Pad" in the subject line. If you currently receive a paper copy in the mail, let us know to remove your name from that list in the body of your message. Thank you for your concern for the environment!

VISITOR HOURS

SELF-GUIDED INTERPRETIVE TRAILS

(Visitors must sign in and out at trailhead kiosk)

September 1 to April 30

Monday to Saturday
9:00 AM to 4:00 PM

May 1 to August 31

Monday, Wednesday, Friday and Saturday
9:00 AM to 4:00 PM

Tuesday and Thursday
9:00 AM to 8:00 PM

PUBLIC GUIDED TOURS

Saturday at 10:00 AM
(No reservations required)

EDUCATION CENTER HOURS

Monday to Friday 9:00 AM to 4:30 PM
Saturday 1:00 PM to 4:30 PM

CLOSED ON STATE HOLIDAYS

Champions of the Forest

If you've visited Reinstein Woods recently you were probably greeted by someone sitting at our new reception desk. Like many of the furnishings in the exhibit area, the desk was purchased with funds left by the late Julia B. Reinstein to support Reinstein Woods. In the 1980s, Mrs. Reinstein also donated some of the land at Reinstein Woods and was partially responsible for the overall donation of Reinstein Woods to New York State. Like her husband, Mrs. Reinstein understood the value of the forest, and her gracious donations have enabled many visitors to learn about forests at Reinstein Woods.

Bruce Kershner also understood the value of forests. He documented the composition of the forests of Reinstein Woods in his book *Buffalo's Backyard Wilderness*, and his work was used in developing a management plan for Reinstein Woods. Unfortunately, Bruce passed away this spring following a battle with cancer. Many of our volunteers and visitors may have had the opportunity over the years to walk Reinstein Woods with Bruce. If they were in good enough shape to keep up with him, they probably learned a lot from Bruce, including about the "champion beech tree" at Reinstein Woods and the other magnificent big old trees in the forest.

Bruce was a tireless advocate for forests in western New York and will be sorely missed. We are planning to dedicate a trail to him next year.

In August, we dedicated the large meeting room in the education center at Reinstein Woods to Former Region 9 Director Gerald Mikol, who passed away in 2006. Gerry pushed for the unit management plan that will help us

manage the forest, and he was a big reason the education center was built. We are pleased that this space is dedicated in his memory.

The efforts of these three people to protect the forest at Reinstein Woods have benefited all of us. In addition to having a wonderful place to visit and learn, the Reinstein Woods' forest acts as a sink for carbon dioxide, soaking up the main gas that causes global warming. Protecting forests is one way to slow the progress of climate change.

Like Mrs. Reinstein, Bruce and Gerry, you can be a champion of the forest. The Re-Tree WNY website has information on how to participate in local tree plantings: see <http://whtt.com/retreewny/main.html> for more information. You can also take part in one of the education programs at Reinstein Woods such as "Technicolor Leaves" on October 6 to learn more about the wonderful forests at Reinstein Woods.

DONATIONS

Thank you to the following individuals and organizations who made donations to Reinstein Woods this summer:

- Ann Denaro—for donating a bird feeder and bird seed, which she won in the auction at the FORNP "Meander in the Morning" fundraiser.
- Donald Kurek—for donating a matted photo of a wood thrush, which he photographed at the "Meander in the Morning" fundraiser.
- Jennifer Strozyk—for donating seed for the bird feeders.

Friends of Reinstein Nature Preserve, Inc.

Welcome to the fall edition of *The Lily Pad*! It's hard to believe summer has come to a close, and the annual Fall Festival is just around the corner on September 15, 2007. Our last fundraising benefit, "Meander in the Morning," was another big success with a delicious country breakfast catered by Orazio's, a dessert trail, a Chinese auction and a string quartet. Everyone had a great time, and the weather was picture perfect!

Our membership continues to grow and our additional income from various donations and activities has increased our volunteer workload. We are in need of a membership record-keeper to organize and update our membership database. A computer would be helpful to facilitate this position. I will teach the candidate everything he or she needs to know, and will provide printing supplies. If you are interested, please contact me at 716-668-0668.

I do want to thank everyone for their support of FORNP and briefly mention a few expenses that we fund through our organization to benefit Reinstein Woods. Since January, we have spent \$982.80 on educational supplies, \$813.08 on volunteer program supplies, \$486.00 for Earth Day activities, \$177.00 on FORNP members-only programs and \$879.00 on printing *The Lily Pad* newsletter, as well as mailing supplies and other necessary items. Because of the support of FORNP and its volunteers, we are able to

further facilitate a top-notch education center right in our own backyard. Again, thanks to everyone for their hard work. Our efforts definitely pay off.

Our annual FORNP membership meeting will be Sunday, October 21, 2007 at the Reinstein Woods Environmental Education Center. The meeting will include a brief presentation of our organization's progress to date, a pot-luck dinner and a guest speaker from Wild Birds Unlimited. Keep the date open and watch for more information to be mailed to all members next month. New members are welcome to join FORNP at this meeting!

With the holidays fast approaching, remember FORNP merchandise makes for great gifts for that special person. For an especially unique gift, purchase a personalized, engraved brick to be added to our walkway at "The Woods." Stop by and see how other people have already become a part of "The Woods" by including their own personal brick at Reinstein Woods Nature Preserve.

Hope to see everyone at the Fall Festival!

Enjoy and respect nature,
Terry Boyle, FORNP President
buffcadman@adelphia.net

FORNP MEMBERSHIP FORM

Name: _____

Address: _____

Town/City: _____

State and Zip Code: _____

Phone #: _____

Email Address: _____

Please make your check payable to "FORNP, Inc."

and mail to: Friends of Reinstein Nature Preserve

93 Honorine Drive, Depew, NY 14043

Annual Membership Dues (*check all that apply*)

- New membership
- Renewal Membership
- Senior Citizen (62 and older) = \$10.00
- Student (high school or college) = \$10.00
- Individual = \$15.00
- Family (up to 2 adults plus children under 18) = \$25.00
- Donor = \$50.00 (and up)

All contributions and memberships are tax deductible as allowed by federal law.

Reinstein Woods Nature Preserve – Fall 2007 Programs

93 Honorine Drive, Depew, NY 14043

<http://www.dec.ny.gov/education/1837.html>

Advance registration is required for all programs; call 716-683-5959

SEPTEMBER



Fall Festival

Saturday, September 15

10:00 AM to 4:00 PM

Kick off the fall season by spending a day in the woods! Enjoy crafts for kids, live animals, guided nature walks, hands-on activities, food for sale and more!

Project WILD Facilitator Training

Saturday, September 22 from 9:00 AM to 5:00 PM

In this training session, you will learn what you need to know to become a Project WILD facilitator, including Project WILD history and goals, practice facilitating activities, characteristics of a good workshop and facilitator dilemmas. Attendance at a regular Project WILD workshop is a prerequisite.

Full Moon Walk

Wednesday, September 26 at 7:00 PM

Enjoy a peaceful autumn walk illuminated by everyone's favorite satellite.

Tour Guide Training

Saturday, September 29 from 9:00 AM to 12:00 PM

Join this session and learn how to lead tours for schools, scouts and other groups. No experience necessary, just a love of nature and desire to share it with others.

Morning Bird Walk

Sunday, September 30 at 9:00 AM

Search for migrating and resident birds along the trails. Bring binoculars if you have them.

OCTOBER



Busy Beavers

Thursday, October 4 at 6:30 PM

Discover the lifestyles of our resident beavers, and look for them in action.

Technicolor Leaves

Saturday, October 6 at 10:30 AM

Find out how leaves change their colors, and enjoy the beautiful display as we walk through the woods. Bring your cameras!

Owl Prowl

Friday, October 12 at 7:00 PM

Learn about local owls, and listen for them in the woods. For adults and children ages six and older only.

Fall Scavenger Hunt

Sunday, October 14 at 2:00 PM

Join a fun family program searching for signs of fall.

Autumnal Explorations

Saturday, October 20 at 10:30 AM

Come out for a discovery walk through the woods, and see what's happening at this beautiful time of year.

Full Moon Walk

Friday, October 26 at 6:00 PM

Take a walk through the woods as we share fun facts about the moon.

Creepy Crafts

Saturday, October 27 at 10:30 AM

Join us the weekend before Halloween to create awesomely spook-tacular nature crafts. Decorate a creepy cupcake too! Wear a costume, and get a special prize.



PLEASE NOTE:

Programs are held primarily outdoors, so please dress appropriately for the weather. Please call 716-683-5959 to find out whether a program has been canceled due to severe weather.

We are unable to accommodate organized groups of more than 10 people at public programs; please call to schedule a separate program for a group of this size or larger. If you or your group have special needs, please call ahead and we will be happy to learn how we can best accommodate you.

Programs last about 1½ hours, unless otherwise noted. **If you register for a program and are unable to attend, please call to cancel (716-683-5959) so that others may sign up in your place!** For more information about our programs, see: www.dec.ny.gov/education/1837.html

Reinstein Woods Nature Preserve – Fall 2007 Programs (cont'd.)

Advance registration is required for all programs; call 716-683-5959

NOVEMBER

Movie Night—*Stranger in the Woods*

Friday, November 9 at 6:30 PM

Journey deep into the winter woods and meet two snowdrifts, Pierre and his friend, Janine. Together, Pierre and Janine introduce you to their forest friends and reminisce about the time when a mysterious stranger came to visit. Movie is approximately 40 minutes long.



Project Feeder Watch

Saturday, November 10 at 10:30 AM

Find out how to attract birds to your yard in winter, and identify them. Participants will receive a baggie of birdseed to get started.

Save Money, Save the Planet

Saturday, November 17 at 10:00 AM

*Concerned about global warming but unsure what to do about it? Learn simple things you can do at home and at work to help stop climate change. Take home a climate action plan tailored to you! **For adults and teenagers only.***



In the Rut

Saturday, November 17 at 3:30 PM

Learn about the white-tailed deer of Reinstein Woods and see the behavior patterns of bucks and does during the breeding season.



Full Moon Stroll

Saturday, November 24 at 6:30 PM

Come out for a walk under the light of the full, silvery, moon and find out why the moon changes phases.

LOOKING AHEAD TO WINTER...

Recycled Crafts

Saturday, December 1 at 10:30 AM

Kids will make simple holiday gifts from items that would otherwise end up in the trash. Parents can learn how to start a kid's craft-making box without spending money!

Friends of Reinstein Nature Preserve, Inc. Annual Membership Meeting Sunday, October 21, 2007

4:00 PM — Potluck Dinner—Bring your favorite dish to share.

5:00 PM — Business Meeting—Learn about what FORNP does and how you can help! Meeting followed by refreshments.

6:00 PM — “Fall and Winter Feeder Visitors”—A guest speaker from Wild Birds Unlimited will present a slide show about the songbirds you can attract to backyard bird feeders.

7:30 PM — Owl Prowl—Walk in the woods, and listen for owls.

Not a FORNP member yet? New members can join at this meeting!

Help Pave the Way to the Future at Reinstein Woods

Bricks to Benefit Reinstein Woods Education Center

Help the Friends of Reinstein Nature Preserve support "The Woods." FORNP is selling bricks to be placed in the brick walkway to the new education center. Your donation will help Reinstein Woods with the finishing touches, including landscaping, exhibits and furnishings. Now is your chance to leave a lasting impression for generations to come by ordering your own personal brick to be placed in "The FORNP Brick Walkway." Your \$50.00 tax-deductible donation includes a standard 4" x 8" brick engraved with text as outlined below. Order yours today and become part of Reinstein Woods history!

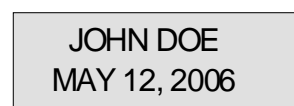
Name: _____
 Address _____
 City _____ State _____ Zip Code _____
 Phone () _____

Please **clearly print** in the block letters below the two lines of text to be engraved on your brick to be placed in "The FORNP Brick Walkway." Please note only **16 characters per line** are permitted, including spacing and punctuation.

SAMPLE BRICK ORDERS & FINISHED LOOK

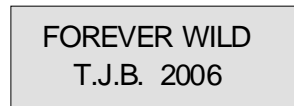
J	O	H	N	D	O	E									
M	A	Y	1	2	,	2	0	0	6						

4" X 8" Brick
\$50.00



F	O	R	E	V	E	R	W	I	L	D					
T	,	J	,	B	,	2	0	0	6						

4" X 8" Brick
\$50.00



LOGOS
(add \$5.00)
(circle choice)



note: logos will be placed at engraver's option

FORNP and the NYS Department of Environmental Conservation will not be held responsible for errors due to illegible writing, and reserve the right to edit as needed to improve balance, legibility and appearance of the brick. All brick orders will be approved by DEC prior to engraving.

Please make checks payable to FORNP and mail to:

FORNP Brick Walkway, 93 Honorine Drive, Depew, NY 14043

Your support is appreciated!

The Future is Green *by Lauren Makeyenko*

The Three Rs and Beyond...

While conducting her “pirate tour” of the new environmental education center, our Center Director, Meaghan, was surprised to find out how many people do not know the three Rs — Reduce, Reuse, Recycle. What is a pirate tour you might ask? Well, if you say RRR out loud, it sounds like something a pirate might say! We like to keep visitors entertained as well as educated here at Reinstein Woods.

Our new building features many recycled components throughout. The carpet tiles used in the office, Mikol meeting room, and hallway are made from 20% post-consumer recycled content by weight. These tiles are easily cleaned and replaced if damaged. The marker boards in the classroom and Mikol room contain 7% post-consumer and 61% post-industrial recycled content. Post-consumer materials are those that have actually been used, collected and made into a new product. Post-industrial material is usually derived from manufacturing waste or sub-standard products that have not been used. The highest content of post-consumer recycled content is the most environmentally preferable. The rubber tile flooring in the nature viewing area and volunteer room is 100% recyclable and easily replaced if damaged. The black chips in the tiles are 100% post-consumer recycled rubber and remainder has 30% recycled content. The steel components in the sofa and ottomans located in our nature viewing area are at least 25% post-industrial recycled content. The upholstery fabric is made of 100% post-consumer and/or post-industrial recycled polyester. A lot more recycled materials exist within the building, but you probably get

the picture by now that we really focused on recycled products. We also have recycling stations set up inside and



outside the building for paper, cardboard, glass, aluminum and plastic. We’ve also started a compost demonstration area and have a vermiculture (worm) bin in our building.

So, let’s get back to those three Rs. What can you do to reduce, reuse and recycle? In addition to curbside recycling, you could purchase products that are less toxic or contain less packaging whenever possible, use reusable containers and other reusable items, maintain and repair products instead of buying new ones, compost your kitchen and yard waste and buy products made from the highest percent of post-consumer recycled materials.

New York Recycles! is part of a national event called America Recycles Day on November 15, 2007. This year’s theme is *It All Comes Back To You*. You can make the pledge to step up your recycling efforts during the next year in some way, large or small. Reinstein Woods will have pledge cards available to sign and enter your name into a drawing for prizes this fall. For more information about New York Recycles!, visit the DEC website at: <http://www.dec.ny.gov/chemical/8802.html>

If you are wondering how you can recycle electronic items such as computers, cell phones, printers and other items, email the Erie County Office of Solid Waste at recycle@erie.gov to find out about upcoming local recycling events.



Volunteer Highlight

Nancy Buck

In this issue, we invite you to meet one of our enthusiastic volunteers, in her own words!

When did you begin volunteering at Reinstein Woods?

August 2005

Why did you decide to become a Reinstein Woods volunteer?

I enjoy being outside and getting to know other people who enjoy nature. I wanted to share my knowledge of plants and animals. Boy, did I have delusions of grandeur! I learn something new every time I'm at Reinstein Woods.

What is your favorite Reinstein Woods experience?

Recently, I led a group on a *really* long walk. When I confessed that I didn't know where we were, they were funny and supportive. They even offered to call a cab! We had a great time and saw four kingfishers playing and hunting over Hidden Pond.

If you could be any plant or animal at Reinstein Woods, what would it be and why?

I would be a cedar waxwing. They've been described as the loveliest of all birds with their sleek, elegant, pastel colors. This summer, I watched a flock of them soaring and diving over Flattail Lake at dusk catching insects. What a treat! Can I be costumed as one at Fall Festival?

What is your occupation?

I watch birds most of the time, but I get paid to teach fourth grade at Windom Elementary School in Orchard Park. One of the subjects I teach is science. Giving guided nature walks at Reinstein has enriched my background knowledge and made me a better teacher.

What do you do in your free time?

I like to give back to my community by volunteering. I went to Wheeling, West Virginia with about 25 high school students and young adults this spring on a mission-work camp trip. In addition to Reinstein Woods, I volunteer at Messinger Woods Wildlife Hospital in Holland, NY during the summer. I'm president of a chapter of P.E.O., a philanthropic educational organization advancing the education of women. I spearheaded the "Wall of Heroes" project in Orchard Park. We are displaying framed photographs of active military personnel in the Town Hall. I enjoy gardening. My garden appeals to butterflies and birds. There are so many gorgeous plants that also feed animals. I watched a feisty hummingbird chase a butterfly away from the bee balm!

Tell us about your family—spouse/kids/grandkids/pets?

My son, Tyler, is 19 and will be a sophomore at Canisius College this fall. My 21-year-old son, Will, finished two years at the University at Buffalo and is currently deployed for 15 months southeast of Baghdad, Iraq with the U.S. Army infantry. I'm single and interviewing. You may leave a resume at the front desk in the new Education Center!

Anything else you'd like to share with our readers?

If you enjoyed your last walk through the woods and can't think of anywhere else you'd rather be, become a volunteer and you can do it any time you want to!



Volunteer Service Awards

Thank you to all of our volunteers who have made a great effort to help us through the years! During our annual Volunteer Appreciation Picnic in July, we recognized our volunteers with a copy of *Critters of New York* for 1 year of service and with special pins for 5, 10, 15 and 20 years of volunteer service. Volunteer Karen Smith received the annual Alfred Schick Volunteer Recognition Award at this event. If you were unable to attend the picnic, and your name appears on the list below, please contact Ginger at 716-683-5959 x 201 to pick up your award. The following volunteers were recognized:

One Year

Chris Betrus
Jon Garbin
Mike Habberfield
Dan Habbermehl
Cindy Hennessey
Donna Kozuch
Dale and Carol Milsom
Dan and Brady Orcutt
Debbie Palumbo
Pat Pegels
Arlene Rice
Paul Scholz
Mark Skowron

Five Years

Jake Bajdas
Christine Bova
Terry Boyle
Beverly Kiefer
Tom Lawson
Mark and Sheila Lazeration
Peter and Mary Losi
Rick and Sue Obermeier
Roger Palmer
Julie Panepento
Doreen Panzarella
Jeanne Pawlik
Julie Pawlik
Christopher Riley
Chuck Rosenberg

Twenty Years

Alfred Schick
Cecelia Schroeder
Paula Wachowiak



Karen Smith (left) receives the Alfred Schick Volunteer Recognition Award from Center Director Meaghan Boice-Green at the annual volunteer picnic.



New York State
Dept. of Environmental Conservation
Reinstein Woods Nature Preserve
93 Honorine Drive
Depew, NY 14043

Contact Information:

DR. VICTOR REINSTEIN WOODS NATURE PRESERVE

93 Honorine Drive, Depew, NY 14043

Phone: 716-683-5959

Fax: 716-686-0210

e-mail: rwnp@gw.dec.state.ny.us

Website: <http://www.dec.ny.gov/education/1837.html>

REINSTEIN WOODS STAFF:

Meaghan Boice-Green

Kristen Rosenberg

Ginger Wszalek

Lauren Makeyenko

Jamie Joanethis

Friends of Reinstein Nature Preserve, Inc.

Officers

President: Terry Boyle

Vice President: Sheila Lazeration

Treasurer: Karen Smith

Corresponding Secretary: Mary Losi

Recording Secretary: Mark Lazeration

Board of Directors

Linda Arndt

Lynda Kurek

Judy Gruchy

Peter Losi

Keith Gruchy

Sue Obermeier

Jerry Krajna

Tom Stoll

Information: 716-683-5959 or buffcadman@adelphia.net