

What YOU Can Do

Some of the things we can each do to help limit climate change are very simple.

What are you already doing?



Use compact fluorescent light bulbs (CFLs).



Turn off the TV and play outside.



Ride your bike or walk instead of driving for short trips.



Take a shower, rather than a bath. Keep it short and warm, not hot, to really make a difference.

Set the thermostat no higher than 68 deg.F when you're heating, and no lower than 78 deg.F when you're cooling.



Pack lunch in a cloth bag using refillable containers, rather than single-serving packages. Don't forget your cloth napkin!



If we each conserve energy and use fewer fossil fuels every day, we can limit changes to our climate. It's time to get in the habit of thinking about the energy we use and using it more wisely.

About Climate Change

A lot of little things add up to big savings for the planet.

Plant a tree. It stores carbon as it grows.



What
else
could
you
do?



Play games that don't need batteries or electric power.

Take the bus or subway instead of the car for longer trips.



Skip the clothes dryer and hang your laundry to dry.

Use a power strip or unplug devices to stop them from drawing energy when they're in "standby" mode (especially computers, TVs and battery chargers).



Turn lights off when you leave a room.