

# What YOU Can Do

Some of the things we can each do to help limit climate change are very simple.



Use compact fluorescent light bulbs (CFLs).

What are you already doing?



Play outside, away from electronics.



Ride your bike or walk instead of driving for short trips.



Take a shower, rather than a bath (Keep it short and warm, not hot, to really make a difference).

Set the temperature no higher than 68 degrees F when you're heating and no lower than 78 degrees F when you're cooling.



Pack lunch in a cloth bag using refillable containers, rather than single-serving packages. Don't forget your cloth napkin!



We should use less energy and fewer natural resources and replace the resources we use whenever possible.

# About Climate Change

A lot of little things add up to big savings for the planet.



Plant a tree. It traps and stores carbon as it grows.

What else could you do?



Play games that don't need batteries or electric power.

Take the bus or subway instead of the car for longer trips.



Can you add to this list?



Skip the clothes dryer and hang your laundry to dry.

Plug your TV, DVD player, etc. into a power strip so you can shut off its power when you're done. These devices have built-in clocks that draw power even when they're not "on."



Turn lights off when you leave a room.